

Recover in the comfort of your own home with post-operative care.

Our service area includes the following Illinois counties:

**Cook County** 

Will County

**DuPage County** 

Lake County

McHenry County

Winnebago County



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### RECOVER

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It is important that post-operative care is received following a surgical procedure. Metro Continued Care (MCC) has built trust with many surgeons around the region. Some of the top orthopedic surgeons have partnered with MCC to deliver comprehensive, patient-centered care in the home.

Home care can cost less and come with fewer risks than inpatient care. Patients sleep better and can recover more quickly in the comfort of their own home with skilled health care providers coming to them.

Anterior Cervical Discectomy and Fusion

Lumbar Decompression

**Lumbar Fusions** 

Joint Replacement Surgery

Shoulder

Knee

Foot and Ankle

Hand, Wrist and Elbow

# **SERVICES**

#### **SERVICES OFFERED:**

Post-operative Skilled Nursing

Full health assessment

Medication management

Pain management

Wound care and dressing changes

Post operative drain care

Observing post-operative progress

Communicating the progress to your physician

Education and management of diseases (Diabetes, Hypertension)

### Therapy Services

Assess home and identify specific individual needs

Promote independence with daily activities

Modify environment as needed with use of adaptive equipment

Evaluate and develop individual program consisting of therapeutic exercises and manual treatment to improve ROM, strength and patient's overall functional mobility

Obtain medical equipment like walkers, shower chairs, bedside commodes; ICE therapy machines and other supplies

Affiliated with Midwest Specialty
Pharmacy for pharmacy refills and
home delivery

# ABOUT

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### **DME PROVIDERS**



"Optimal outcome starts with a happy patient. An individualized patient-centered recovery plan is critical for optimal outcome. From nursing and wound care, medication management and organization, to patient mobilization and rehabilitation, Metro Continued Care is the most comprehensive home healthcare services currently available, and all with a personal touch."

**Kevin M. Koutsky, M.D.**Board Certified Orthopedic Surgeon

"The amazing postoperative care provided by MCC has allowed me to add more new patients into my schedule because their follow-up frees up time that would usually be for post-op visits."

**Dr. Chintan Sampat, M.D.**Board Certified Orthopedic Surgeon